

"C" IS FOR COOKING

AGES 3-5 NANCY STUART

This introduction to the kitchen is a fun exploration of how food can be both yummy and good for you. Children use all their senses to explore the art of cooking and discover how to make nutritious food – even vegetables – delicious.

2019 | **WEDNESDAYS FEB. 6, 13 & 20** | 12:45-1:30pm *Washington Primary School*

ASAP! will supervise REACH students from **12noon** until the workshop begins. Pack a lunch.

3 sessions: \$45

Financial Aid available if needed

Visit asapct.org or call 860-868-0740 to register